

The Experience

Sessions: *Catholic teachings interwoven with scripture help you see how to apply them in your everyday life.*

Prayer and Adoration: *Spend quiet time in God's presence.*

Reconciliation and Mass: *Take the opportunity to receive God's healing forgiveness, then worship and receive Him together in the Mass.*

Music and Visuals: *Used to enhance the session's message and our worship experience.*

Discussions: *Small group discussions offer the opportunity to dive deeper into session topics.*

Fellowship: *Create or renew relationships with others in our parish family in a powerful and uplifting way.*



QUESTIONS

Q: What do you do at the retreat?

A: We have sessions starting Friday evening and ending Sunday morning, each led by a member of the Retreat Team. During the retreat there is personal reflection, small group discussions, and free time. The small group breakouts (separate women & men) allow a deeper consideration of the topics presented. A prayer chapel with the Eucharist present is available for quiet prayer and adoration. There are several free periods during the weekend for personal time with our Lord or just rest in your room. We will have Reconciliation available along with Mass on Saturday. There will be music and videos throughout the retreat.

Q: Who can come on the retreat?

A: All adults (18+years of age) are welcome to come on the retreat. (Non-Catholics are also welcome.)

Q: What do I need to bring with me on the retreat?

A: Your bible and optionally any personal reflection material.

Q: How are accommodations at the retreat center?

A: The retreat center is on a beautiful campus with trails and other open space. **The meeting rooms, chapel, and dining area are all under one roof with stairs going up/down to the sleeping area.** You can arrange for a single, double or triple occupancy room. All rooms have twin size beds with a private sink /toilet. **2-3 rooms will each share a single shower room.**

Q: How do I get there and what time will I return?

A: We ask that you arrive promptly at St. Ann's at 4:30 PM on Friday. You will eat a complimentary dinner (5:15) and complete the retreat registration process. Roughly 5:45 we will leave and travel to the retreat center-approx. 90 minute ride. Car pooling is encouraged, but not required. The last session ends Sunday approx. 1:00 PM.

Q: When do I have to pay my registration fee?

A: Full payment or a \$50 minimum deposit is appreciated at the time of registration. Remaining balances are due by March 6th, 2026. We will be happy to work with you regarding payment options. Please ask us.



March 13-15, 2026

This retreat will reflect on our Lenten journey from captivity to freedom through Jesus' sacrifice on the cross and resurrection from death.

**Carmel Retreat Center
Hoschton, Georgia
(new location)**

\$225 per person—double occupancy

**\$350 per person—single occupancy
(limited availability)**

Two nights lodging and meals



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Retreatant Experiences

- *The retreat allowed me to share my faith journey in a safe and supportive environment. Life is so busy! We all need time away from the noise.*
- *It provided me time to unplug, reassess and refocus on what is most important in life. The time spent in worship and fellowship with like-minded friends in beautiful retreat surroundings was priceless.*

Ani Pardo

Jill Dwyer

For more information and registration, visit:



<https://www.st-ann.org/faith-sharers>



Carmel Retreat Center
www.carmelretreat.org